

Weekly Newsletter

#3

19 September 2025



NB: The newsletter is sent from a no-reply email system. If you have a query or question relating to the content of the newsletter(s), please email office@johnruskin.southwark.sch.uk

Secondary School Open Events

Secondary School open events are ongoing. Please click on the link below for details regarding events provided by a range of secondary schools. These events offer a valuable opportunity to visit schools, meet staff and learn more about their school's offer.

[Southwark Secondary Schools – Open Events 2025](#)

Important Note: John Ruskin does not endorse or recommend any specific secondary schools. The information shared is for your convenience and awareness only.



ST THOMAS MORE LANGUAGE COLLEGE

CADOGAN STREET CHELSEA LONDON SW3 2QS

OPEN EVENINGS

WEDNESDAY 17 September 4-6pm

THURSDAY 25 September 4-6pm

WEDNESDAY 8 October 4-6pm

Headteacher's talk in the Hall at 4:30pm & 5:30pm



TUBE: SLOANE SQUARE STATION
BUS: DUKE OF YORK SQUARE



St Thomas More Language College invites parents and carers of Year 5 and Year 6 students to their upcoming Open Evenings. This is a wonderful opportunity to find out more about the school, meet staff and learn about the exciting opportunities available to students.

They have two upcoming dates:

Thursday 25th September

Wednesday 8th October

Tel: 020 7589 9734

Web: www.stmlc.co.uk

"An Outstanding Catholic School"



**SAINT JOHN
SOUTHWORTH**
CATHOLIC ACADEMY TRUST



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JOHN RUSKIN PRIMARY SCHOOL
& LANGUAGE CLASSES

This school is rated Outstanding by Ofsted
since 2009



Reception and Year 7 open events



Ark Globe
Academy

We would love to welcome you to our school and show you what makes Ark Globe Academy special. Join us for an upcoming open day and find out how we are giving children in Southwark an excellent education that sets them up for success in school and beyond.

- Ark Start
Nursery

(9 months
- 3 years)
- Ark Globe
Primary

Reception to Y6
(4 to 11 years)
- Ark Globe
Secondary

Y7 to Y11
(11 to 16 years)
- Ark Globe
Sixth Form

Y12 and Y13
(16 to 18 years)

Book a tour

Scan the QR code to sign up
for an open event or visit
arkglobe.org



Reception



Year 7

Primary open mornings 9-10.30am

THU 06 NOV	THU 13 NOV
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Secondary open mornings 9-10.30am

THU 25 SEP	TUE 30 SEP
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Secondary open evening 5-6.30pm

TUE
30
SEP

Preparing our students for university and to be leaders in their community



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**JOHN RUSKIN PRIMARY SCHOOL
& LANGUAGE CLASSES**

This school is rated Outstanding by Ofsted
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At Notre Dame Catholic Girls' School,
we are passionate about nurturing the
talents and potential of every unique
individual so they can become
whoever they want to be.



What can your child expect?

- Tailored learning experiences.
- Dedicated and inspirational staff.
- Limitless opportunities both inside and outside the classroom.
- Valuable careers advice and experiences.
- Exceptional links with local, national and global organisations.
- Innovative leadership responsibilities.
- A unique Year 7 transition programme.



Open Evening

Wednesday 24th September, 6-8pm

Open Morning

Tuesday 30th September, 9.15 - 10:30am

Notre Dame Catholic Girls' School
St George's Road, SE16EX

office@notredameschool.co.uk
www.notredameschool.co.uk
@notredamercgirlssouthwark

Igniting brilliant minds • Learning without limits •
Championing brighter futures

Call 020 7261 1121 to book a tour of the school for October



Weekly Newsletter

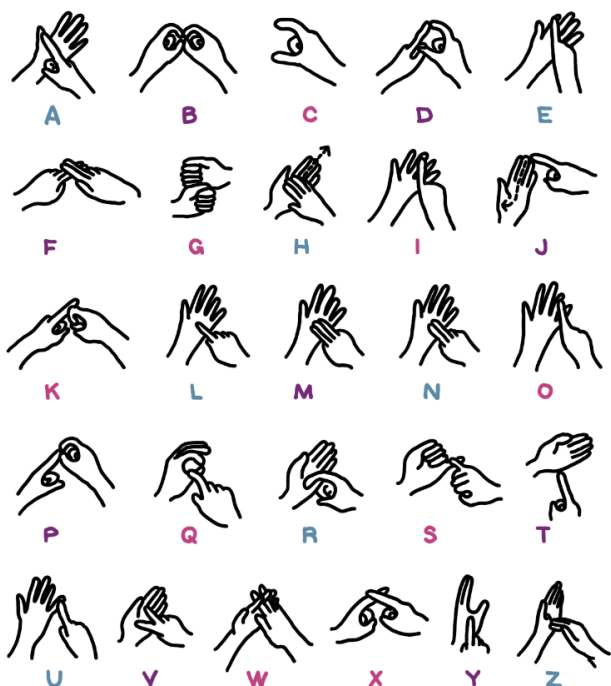
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Signing



please / thank you



sorry

Signs of the Week



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PARENTS' EVENING




pizza for sale

Available to buy on
the evening, in the
bottom hall.

**Tuesday 23rd
September 2025**



-  Please make an appointment:
- After school directly with your class teacher, or
 - During the school day with the school office.



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FOJR Christmas Card Project -- Let the Festive Fun Begin!



It's that magical time of year again! We're thrilled to invite all children to take part in our **Christmas Card Project**, where their festive masterpieces will be transformed into professionally printed cards and gifts – perfect for sharing holiday cheer with family and friends!

How to Join the Festivities:

- Create a **festive design** on **A4 paper** – think snowmen, reindeer, Christmas trees, or anything joyful!
- Make sure the artwork is **brightly coloured** to bring out the holiday spirit.
- On the **back of the artwork**, clearly write your child's **full name and class** to help avoid any spelling mistakes on the final products.

Important Date:

All artwork must be handed in by **Tuesday 8th October** to qualify for the **earlybird bonus!**

By submitting on time, **Friends of John Ruskin (FOJR)** will earn a **20% commission** on all orders – a fantastic way to support our school while celebrating the season!

What Happens Next?

Once all the festive designs are sent off, parents will receive **personalised proof cards** featuring their child's artwork. You'll then be able to place your orders and make payments directly on:

 www.SchoolPrintWorld.co.uk

Let's make this Christmas extra special with your child's creativity and help raise funds for FOJR at the same time!



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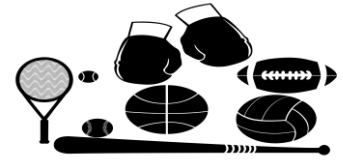
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School Clubs – Autumn 2025 Timetable

Click on the following link to view the current club timetable:

[School Clubs -- Autumn 2025](#)



We are Zero Food Waste Heroes!

**YOU ARE ZERO FOOD
WASTE HEROES!**

This certificate is presented to:

JOHN RUSKIN SCHOOL

Thank you very much for helping to raise an incredible **£70.67** for
Plan Zheroes, as part of the excellent School Food Matters
Young Marketeers programme.

Your fundraising will help us get even more surplus food to people in need.



Registered charity number: 1154291



The Online World: Information for Parents/Carers

Screens, scrolls and self-esteem: how the online world affects mental health

Parent/carer handout



Mental Health and Self-Esteem

- There is a link between excessive social media use and anxiety and depression
- **Compare & despair**
 - negative psychological impact linked to comparing to others on social media
 - feelings of 'not being good enough'
 - low self esteem and body image concerns
- Remind young people that social media is not reality – things are **edited!**
- Social media **time limits**
- Boost your child's self esteem by **celebrating** them and their **strengths**



Popular Sites Used by Children

- **YouTube**
 - *YouTube Kids* is designed for under 13s with a filtered selection of age appropriate content and parental controls in place
 - Under 18s require guardian permission to create YouTube accounts
 - Parents/guardians can create *supervised accounts* for 13–17 year olds: these enable parental controls on content, time limits, limited ability to comment on and create videos, privacy settings
- **Whatsapp**
 - Minimum age: 13 years
 - Privacy settings can be adjusted to hide profile picture and 'last seen/online'
- **Snapchat**
 - Minimum age: 13 years
 - 13–17 year olds need guardian permission to create accounts
 - *Family Centre* links your account to your child's allowing you to see friends, groups and who they are chatting too
 - This also enables control of their privacy settings
- **TikTok**
 - Minimum age: 13 years
 - *Family Safe Mode* allows for parents/guardians to link their accounts to their child's and control settings: filtered content, time limits, messaging limits, privacy settings



Visit the websites of any of these apps to understand how you can set up linked accounts or parental controls.



Reducing Other Risks Associated With Being Online

- **Know** what your children are doing online and what apps they are using
- Put **privacy settings** and **parental controls** in place
- Have conversations with your child about online **risks and safety**
- Explain the risks of spending **too much time online** to children and set screen time limits
- Have **family agreements** on screen time and phone use
 - Particularly at **night**: explain the negative effects of screens before bed on sleep and mood
 - No screens 1-2 hours before bed is advised
- **Cyberbullying**
 - Threatening to take away devices may make your child less willing to open up about this in future
 - **Reassure** them, do not encourage retaliation but rather encourage **blocking and reporting**
 - Save **evidence** (screenshots)
 - Involve school where necessary
- **Radicalisation**
 - Encourage **critical thinking** and conversations about radical view points
- Remind children never to click on **pop ups or unfamiliar links**
- Be aware of **age restrictions** of apps and games
- **Model** healthy online behaviour and habits
- Monitor any **changes** in your child's behaviour, mood and interests



Resources

- NSPCC - nspcc.org.uk / email: help@nspcc.org.uk / helpline: 0800 800 5000
- Childline - childline.org.uk / helpline: 0800 1111
- Internet Watch Foundation - iwf.org.uk
- ThinkuKnow - thinkuknow.co.uk
- UK Safer Internet Centre - saferinternet.org.uk
- ParentZone - parentzone.org.uk
- Internet Matters - internetmatters.org
- Common Sense Media - commonsensemedia.org
- *How to Raise a Healthy Gamer: Break Bad Screen Habits, End Power Struggles, and Transform Your Relationship with Your Kids* by Dr Alok Kanojia



Feedback link:



How to contact The Nest:

Website: <https://thenestsouthwark.org.uk/>

Visit us: Unit 4 Co-Operative House, Rye Lane Peckham, London SE15 4UP



Free Online Courses



Online English (ESOL) Course

**FREE 15-week Entry level/Level 1 online accredited
courses for Southwark residents**



Classes will be on

Two mornings per week at 10am—12.30pm

(Days of classes will depend on your level)

6th October 2025 - 6th February 2026

(term-time only)

plus online Conversation Clubs

This course will take place on Zoom.

Applicants should live in Southwark

To apply for a place on the course **in advance**

please use this link or QR code:

<https://www.eventbrite.co.uk/e/1688421336669?aff=oddttdtcreator>

Spaces are limited so **book soon.**

We will contact you to arrange an assessment and
confirm your place on the course.



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Community Events

A poster for the JamSpeedRollers event. The background is a photograph of several people roller skating on a paved area. Overlaid on the image are various text elements and graphics. At the top, there is a banner with the text 'JAM SPEED ROLLERS' in large, colorful, stylized letters. Above this banner are two pairs of roller skates. To the left of the banner is a QR code with the text '@JAMSPEEDROLLERS' below it. To the right is another QR code with the text 'JamSpeedRollers' above it. In the center, there is a blue speech bubble with the text 'Black Growth'. Below this, there is a yellow box with the text 'DATE : Sun 21st Sept', a red pin icon, 'Myatts Field Park (Tennis Court)', a red alarm clock icon, and ': 2pm-6pm'. Below this, there is a yellow box with the text '*Bring your own skates & Skate at own risk'. Below that, there is a yellow box with the text 'Event' followed by a roller skate icon and an exclamation mark. At the bottom, there is a yellow box with the text 'Taster Workshops & Tutorials' preceded by a roller skate icon. In the top left corner, there is a black box with the word 'FREE' in white capital letters.

JAM SPEED ROLLERS

Black Growth

DATE : Sun 21st Sept
📍 Myatts Field Park (Tennis Court)
🕒 : 2pm-6pm

***Bring your own skates & Skate at own risk**

Event 🛼 !

🛼 Taster Workshops & Tutorials

FREE



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SUN 21ST SEP

Myatt's Fields Park

HARVEST WELLNESS FESTIVAL



11 AM - 6 PM



Myatt's Fields Park, 12 Calais Street SE5 9L



BLACK FARMERS

BLACK OWNED BUSINESSES

YOGA

STREET FOOD

SOUND HEALING

**LIVE STREAM & DJs
FROM VIBESFM**

LIVE PERFORMANCES

SKATING

STREET FOOD



Myatt's Fields
Park



...AND MORE!



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Key Events for Week Commencing 15 September

Monday

2.00 **Burgundy Class swimming**

Tuesday

10.00-10.30 **Turquoise Class swimming**

10.30-11.00 **Scarlet Class swimming**

Friday

2.00 **Vermilion Class swimming**

Forthcoming Dates

14 October

Vermilion Class visit to Heritage Centre

21 October

Burgundy Class visit to Heritage Centre

11 November

Vermilion Class visit to Horniman Museum

Autumn Term Dates 2025

*INSET days: Monday 1 and Tuesday 2 September
(school closed to pupils)*

Wednesday 3 September - Friday 24 October

Half Term Holiday: Monday 27 October - Friday 31 October

**Monday 3 November - Friday 19 December
(school closes at 2pm)**



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Southwark Council Bulletin

Read here: [Latest News](#)



Useful Links

School term dates 25-26 - [Term Dates 2025-26](#)

Our website - www.johnruskin.southwark.sch.uk

School caterer - www.harrisoncatering.co.uk

Uniform supplier - www.earthuniform.com/collections/john-ruskin-primary-school

Secondhand uniform supplier - uniformerly.co.uk/search-listings/?q=&c=17273

The Nest - thenestsouthwark.org.uk

Chess in Schools - www.chessinschools.co.uk

Southwark Council - www.southwark.gov.uk

Camberwell Leisure Centre - southwarkleisure.co.uk/centres/camberwell-leisure-centre

Parentkind - www.parentkind.org.uk

Children's Commissioner - www.childrenscommissioner.gov.uk

Department for Education - www.gov.uk/government/organisations/department-for-education

Ofsted - www.gov.uk/government/organisations/ofsted

NHS - www.nhs.uk

TFL - travelforlife.tfl.gov.uk

