

John Ruskin Primary School and Language Classes

PSHE Education Policy

Co-ordinator: Hannah Cane

Last review: January 2023

Next review: 2026



“Be responsible, be fair, stay positive and care”

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PSHE Education Policy 2023**



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This policy was written by the PSHE education coordinator and was approved by staff and governors. It is reviewed and updated every three years.

What is PSHE Education?

Personal, Social, Health and Economic education is a school subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy, safe and prepared for life and work. Relationship education is also taught covering the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other peers and adults.

Aims

This area of the curriculum aims to promote the spiritual, moral, cultural, mental and physical development of children. It will prepare them for the opportunities, responsibilities and experiences of adult life. It will play a part in raising their self esteem and confidence especially in their relationship with others.

Rationale

A PSHE education policy is important in providing a whole school approach. It will support teachers and inform parents and carers. It ensures that our school is meeting the mandatory responsibilities to teach Relationship education and Health education. Most importantly, it shows that our school is committed to delivering PSHE education, so that our children begin to prepare for adult life and to play active roles as citizens.

Moral Framework

PSHE education including Relationship education should reflect the moral framework of the school. Our 8 Core Values 'hope, honesty, wisdom, kindness, courage, responsibility, respect, fairness' and School Code 'Be responsible, be fair, stay positive and care' should be evident throughout the teaching of PSHE education.

This policy directly relates to the Health and Safety policy, Relationship and Sex Education policy, Child Protection policy, Anti-bullying policy, Behaviour policy, Drug Education policy, Computing policy and Safe Internet Use policy, Equal Opportunities policy and the School Code.

Teaching and learning of PSHE education including Relationship education

In key stage 1 & 2, teaching and learning of Personal, Social, Health and Economic education (PSHE) including Relationship education will take place through dedicated curriculum time. Each half term, there are two PSHE education weeks dedicated to covering the PSHE education objectives. Being able to spend this quality time on the objectives, not only helps our children to really understand the topics covered, but it also shows that as a school we value the time spent on this subject. In addition, there are links with other curriculum areas such as science, Computing, and RE. There is also a strong cross curricular link with Philosophy 4 Children where the children have the opportunity to discuss and debate a wide variety of PSHE education topics. The children's work and self-evaluation sheets are recorded in their topic books, but due to the nature of this subject, lessons will also be quite practical through discussions and group work, therefore there will not be evidence of all of the objectives in books.

In EYFS, PSHE education is taught as an integral part of topic work and is embedded throughout the curriculum. PSHE is fundamental in the development of the whole child and covered daily through PSED, PD, CLL and UW objectives.

The curriculum will be enhanced by other PSHE activities, school events and the ethos, structures and daily practices of the school. For example, residential experience (year 5), Chatzone, fundraising events, Anti-bullying week, Children's Mental Health week, Aspiration's afternoon, enterprise projects and visitors to the school such as; police/community support officers, road safety officer, fire safety officer and school nurse. Pupils' participation in class assemblies, school council and Junior Travel Ambassadors.

In addition to the PSHE education curriculum, there are half termly assemblies on safety which include Road/Street safety, Fire/firework safety, Safer strangers, Basic First aid, Electrical safety, Sun safety, Water safety; and assemblies on the British Values, topical issues and feelings.

The main elements to the learning of PSHE education are; skills, knowledge and attitudes. There are four main strands of PSHE education to be covered over the year.

They are to:

- develop pupils' confidence and responsibility and make the most of their abilities.
- prepare pupils to play an active role as citizens.
- develop healthy safer lifestyles.

- develop good relationships and respect the differences between people.

PSHE education including Relationship education is divided into three areas; Health and Wellbeing, Relationships and Living in the Wider World and will cover topics such as:

- Healthy lifestyles
- Mental Health
- Ourselves, growing & changing
- Keeping safe including first aid
- Drug alcohol & tobacco
- Families and close positive relationships
- Friendships
- Managing hurtful behaviour and bullying
- Safe relationships
- Respecting self and others
- Shared responsibility
- Communities
- Media and digital literacy
- Economic wellbeing

(See PSHE education curriculum plan)

Assessment, monitoring, evaluation and reviewing.

Assessment in PSHE education should not imply children are failing as people or citizens. It should not be a judgement on the worth, personality or value of the pupil or their family. Pupils' knowledge, understanding and skills will be assessed through pupil self assessment sheets, peer group assessment and teacher assessment. There is no formal assessment.

Class teachers, PSHE education coordinator and SLT are responsible for monitoring and evaluating PSHE education lessons. Ensuring it is age appropriate and there is adequate curriculum coverage. This is carried out by monitoring by SLT and PHSE Education coordinator (as part of the monitoring timetable), planning monitoring by SLT, and monitoring sessions by outside agencies.

Working with external agencies.

Work with external agencies should enhance the PSHE education curriculum including Relationships education. It should be planned and the input should be monitored. Teachers will work alongside visitors when they work in the classroom. External agencies including inviting parents and carers should not be left alone with a class or a group. Any procedures should complement the school's policy and procedures on Child Protection.

Confidentiality

PSHE education covers many complex or sensitive issues, therefore it is vital to create and maintain a safe learning environment for all lessons. A safe learning environment helps the children to share feelings, explore values and attitudes and express opinions and consider those of others without attracting negative feedback. It is good practice to work with the children to establish ground rules about they behave towards each other in discussions and lessons.

PSHE education teachers cannot offer absolute confidentiality and should therefore be clear about the boundaries of their legal and professional roles and responsibilities. Always work within the school's policies on safeguarding and confidentiality (and make sure that the children understand the school's policies on disclosure and confidentiality). Some external agencies are bound by their own professional codes of conduct. Any concerns the staff may have should be discussed with the designated Child Protection Officer.

Issues will be addressed with sensitivity and at a level appropriate to the age group and developmental stage and will take into account any additional SEND needs, in an objective manner, free from personal bias. When confronted by a difficult question, thank the child for their question, give a factual age-appropriate answer when you can, if a child has asked a non-age-appropriate question the teacher should suggest that the child discusses it with an adult at home that the child trusts. Buy time, if need be, and refer to the PSHE education year groups learning intentions if unsure of an appropriate answer. Be prepared with a response such as, 'that's a really good question, it deserves a really good answer. Let me have a think and get back to you.'

Resources

There are many resources for the teaching of PSHE education and these are reviewed and updated every year. We enhance our lessons by using the PSHE Association mental health and drug education lesson plans and resources and the St John's Ambulance first aid lesson plans and resources. For SRE lessons, we follow the Christopher Winter Project lesson plans and resources. The SEAL pack and Citizenship lesson plans are available to support lessons. Children's books and resource books are found in the gold and pink sections of the library. Also, there are boxes with resources in the science room.

