

# What's on the menu?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK ONE</b> w/c 4 Mar w/c 25 Mar w/c 29 April w/c 20 May w/c 17 June w/c 8 July	Vegetable Lasagne Pasta Neapolitan  Citrus Carrots with Fine Green Beans  Fruit Flapjack served with Custard Sauce	Cajun Chicken Mixed Bean Ratatouille  New Potatoes in Garlic & Herbs Braised Savoy Cabbage with Sweetcorn  Carrot Cake	Roast Turkey with Gravy Macaroni Cheese  Roast Potatoes Fresh Cauliflower with Garden Peas  Chocolate & Pear Sponge served with Custard Sauce	Chicken Kabsa Spinach & Potato Bake  Roasted Butternut Squash & Braised Carrots  Cheese & Biscuits	Breaded Fish Fillet Cheese & Potato Pinwheel  Chunky Chips Baked Beans Garden Peas  Vanilla Ice Cream with Fruit
<b>WEEK TWO</b> w/c 11 Mar w/c 15 April w/c 6 May w/c 3 June w/c 24 June w/c 15 July	Bean & Vegetable Pilaf Penne Arrabiata  Braised Savoy Cabbage with Swede  Cheese & Biscuits	Chicken Fajita Leek & Lentil Pie  Baked Jacket Wedges Fresh Broccoli with Braised Carrots  Melon & Orange Wedges	Beef Bolognaise Vegetable Bolognaise  Pasta Roasted Butternut Squash with Fine Green Beans  Chocolate Sponge served with Chocolate Sauce	BBQ Chicken Aubergine, Chick Pea & Potato Balti  Steamed Basmati Rice Fresh Carrots with Sweetcorn  Sweet Potato Cake	Homemade Sausage Roll Pizza Margherita  Chunky Chips Baked Beans Garden Peas  Frozen Yoghurt with Peaches
<b>WEEK THREE</b> w/c 18 Mar w/c 22 April w/c 13 May w/c 10 June w/c 1 July w/c 22 July	Rice & Vegetable Bake Oriental Noodles with Sweet Chilli  Braised Savoy Cabbage with Roasted Carrots  Wholemeal Lemon Sponge served with Custard Sauce	Beef Lasagne Spaghetti in Herb & Tomato Sauce with Parmesan  Garlic Bread Fresh Cauliflower with Fine Green Beans  Chocolate & Parsnip Cake	Baked Chicken Sausages with Yorkshire Pudding & Gravy Cheddar & Red Onion Quiche  Roast Potatoes Roasted Carrots with Garden Peas  Strawberry Jelly with Mandarins	Bombay Chicken Linguine in Herb & Tomato with Fresh Salmon  Steamed Basmati Rice Butternut Squash with Sweetcorn  Wholemeal Banana Sponge served with Custard Sauce	Panini Choice with Tuna Mayo or Cheddar Cheese Falafel Patty  Chunky Chips Garden Peas Baked Beans  Flavoured Ice Cream

Available daily: Halal Choice. Jacket Potato with a Choice of Fillings. Freshly Baked Wholemeal Bread. Salad Selection. Organic Milk. Fresh Fruit Platter. Fruit Yoghurt or Smoothie



Look out for monthly featured ingredients.



# Harrison Catering Services

## John Ruskin Primary School

**HARRISON**  
food with thought

### About Your Catering Service

We are delighted to be working in partnership with your school. Founded in 1994, we are an award-winning company with a vision to encourage children to explore new tastes and make healthier food choices through their formative years, which will positively influence them for life.

### What's on the Menu

Our approach, wherever possible, is to use quality, sustainably sourced, seasonal fresh food, including ingredients, such as British free-range eggs and British sourced fresh meat and poultry.

Our menus are created with local tastes and preferences in mind and offer a range of popular, delicious, full of flavour dishes to encourage balanced meal choices and we follow the school food standards.

We introduce further interest and excitement to our menus with planned additional food experiences, pop-ups, themed events with links to the school's curriculum, cultural and celebration dates, aimed at creating a fun, engaging and enjoyable dining experience.

### Allergen Information

We recognise that some children may have an allergen or intolerance to one of the 14 common food allergens. We have robust processes in place to assist the school in managing. If your child has a food allergy or intolerance, please complete the allergen management form and return it to your school office. To view our process and obtain the allergen management form please visit:

<https://www.harrisoncatering.co.uk/food-allergies-food-intolerances>

### Talented Catering Team

The Harrison catering team are dedicated to providing a great catering service and receive training to complete their roles successfully, including how to prepare and serve healthier food through the company's bespoke Eat Well Live Well® training programme.

### Universal Infant Free School Meals (UIFSM)

All children in reception, year 1 or year 2 are automatically entitled to free school meals under the Universal Infant Free School Meals scheme, irrespective of income.

### Free School Meals

Your older children may be entitled for free school meals. Please contact the school office to find out how to apply and access this benefit.

### Payment of School Lunches

Please contact the school office for the payment process for your child's school lunch.

### We Welcome Your Feedback

We welcome and value all feedback. We regularly review our offer to continue to offer a positive dining experience for your child. Please refer your comments or suggestions to our Catering Manager.

### Learn More

For a more in-depth knowledge about Harrison Catering, recipe inspirations, our how to videos, charitable activities and latest job opportunities, please visit [www.harrisoncatering.co.uk](http://www.harrisoncatering.co.uk)



We use responsibly sourced ingredients when available and in season.