

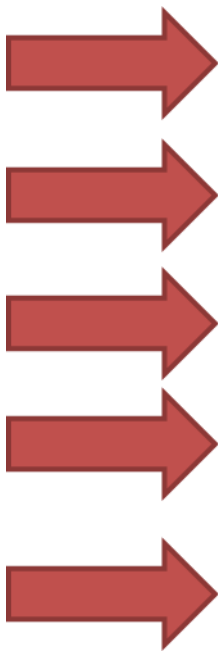


## Weekly Newsletter # 9 – 10 November 2023

### Reception – Year 6 Nasal/ Injectable Flu Vaccination session – **New Date**

Southwark Nursing Team will be carrying out the annual Flu Vaccinations for all children in Reception to Year 6 in school on **Wednesday 22 November.**

Please see link for further information about the process and why it is important for your child to have the vaccination: [Flu Letter to Parents - 2023-24](#)



## 5 reasons to get your child vaccinated

### 1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

### 2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

### 3. No injection needed

The nasal spray is painless and easy to have

### 4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

### 5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare



JOHN RUSKIN  
PRIMARY SCHOOL

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Please confirm your consent by scanning the QR code below and completing the online form for each of your children in school or complete via the link: [Flu Consent Form](#)



The form takes no longer than 2 minutes to complete and the deadline for submitting the e-consent form is 72 hours before the session, excluding weekends.

NHS Leaflet - [Protecting your child against flu](#)

If you have any queries, please contact the relevant immunisation team below:

Southwark Schools: [Hrch.ImmunisationTeamMailboxSouthwark@nhs.net](mailto:Hrch.ImmunisationTeamMailboxSouthwark@nhs.net) Tel: 020 3903 3373

## Sign of the Week

Signs of the Week this week is 'help you and 'help me'



help you Nov  
6th.mp4



help me Nov  
6th.mp4



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## Christmas Assemblies

Each class will do their own short Christmas assembly for parents to come and watch, so everyone can be involved. The dates and times are as follows:

Monday 11 December: Middle hall		Tuesday 12 December: Middle hall		Wednesday 13 December: Middle hall	
9:30	Blue	9:30	White	9:30	Orange
10:15	Pink	10:15	Azure	10:15	Vermilion
2:45	LU	11:00	Emerald	11:00	Violet
		11:45	Yellow	11:45	Green
		2:00	Scarlet	2:00	Burgundy
		2:45	Turquoise	2:45	Indigo



## Black History Month

Thank you to everyone who attended the Black History Month Assemblies; it was lovely for the children to be able to share their work with parents. There has been some amazing work completed by the children. A selection of the children's work has been posted on our website. Please go and look at the wonderful things the children have been doing.

<https://johnruskin.southwark.sch.uk/term-dates/black-history-month/>



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As you know, we work closely with The Nest at John Ruskin. All pupils take part in workshops throughout the year which support their mental health and well-being.

The Nest would now like to extend that support to parents and are excited to introduce their Achievement Coaching Program. This program aims to make parenting easier and more effective for you, offering practical knowledge and tools to help your child thrive in a nurturing environment.

Discover key topics in the sessions:

- Building self-belief and confidence
- Developing resilience in your child/children and in your parenting
- Effective time management skills
- Enhancing communication with your child

The program consists of 6 to 8 weekly sessions, each lasting 40-50 minutes. You can choose to attend these sessions online or in person, offering you the flexibility to fit your schedule.

Look out for an **email on Monday** to register your interest and to join in with the Achievement Coaching program to unlock your potential as a parent and provide the best support for your child's future success. Don't miss out on this opportunity!

Any questions, don't hesitate to pop and see us.

*Miss Duffner/Miss Cane*



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## Curriculum in Action - Year 3 Chess

This term, Year 3 have been learning how to play chess. Learning from our rookie mistakes, so far, we have learnt how each piece moves and much to our delight, have recently been playing competitive games using the pawns and the queen. Check us out!



"Chess is really fun. I know that a bishop moves diagonally and rooks move in a cross."

- Zack, Turquoise Class



"I like playing chess because you get to play a mini game. In the game you move the pawn to the other side to win."

-Adam, Turquoise Class



"Queen is my favourite piece because it can move every direction, and it's also the most powerful piece on the board."

-Matilda, Turquoise Class



"When you end the game, you must shake hands with your opponent to show it was a fair match."

-Rhyna, Scarlet Class



"My favourite piece is the Queen because it goes down, straight, right and left and it is worth 8 pawns in our game."

-Leon, Scarlet Class



"Chess makes me think because you can challenge an experience player. I know all the pieces moves and I like that you can play chess with anybody."

-Oscar, Burgundy Class (Chess Club)

In Year 4, we are honing our skills of chess that we learnt last year, using all the pieces on the board, learning strategies to dazzle our opponents!

CSC is providing fun and engaging weekly chess sessions for Scarlet and Turquoise class and a club for Y4 chess superstars. CSC believe that chess can benefit children because *'Its cerebral reputation boosts self-esteem and gives children 'grit' – the tenacity to cope with adversity – which helps them grow into rounded and employable individuals. It does this by teaching children how to lose and how to win gracefully, to think ahead and foresee the consequences of their actions.'*



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## Anti-Bullying Week - “Make A Noise About Bullying”

We wanted to let you know that Anti Bullying Week is 13 – 17 November. This year’s theme is “Make A Noise About Bullying”



Click on these links to watch a short video and find resources to use at home.

<https://www.youtube.com/watch?v=kfzr4e-shc8>

<https://anti-bullyingalliance.org.uk/anti-bullying-week-2023-make-noise-about-bullying/parents-and-carers>



As usual, we will start off our week with **Odd Socks Day**. Children should wear their odd socks to school on **Monday 13 November** to celebrate how we are all unique.



Look out for our “Guide to Anti – Bullying” coming home soon in book bags for children and parents at JRS.



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## Christmas Lunch 2023

Our school caterer is providing a special lunch for Christmas on **Friday 15 December**.

The menu is available to view via the link - [Harrison's Bear Festive Adventure](#)

If your child normally has packed lunch but would like to have the special Christmas menu, please complete this form:  
<https://forms.office.com/e/ce0Cdqrd1L>. Deadline to submit the form is **07/12/23**

If your child normally has school dinners, you do not need to do anything.

**Celebrate**

**Harrison Bear's Festive Adventure**

**Christmas Lunch 2023**

Traditional Roast Turkey with Poultry Chipolata,  
Stuffing and Yorkshire Pudding  
Seasoned Baked Fresh Salmon  
Fresh Vegetable Loaf with Tomato and  
Cranberry Sauce

Roast Potatoes  
Roasted Parsnips with Citrus Carrots  
Braised Savoy Cabbage

Chocolate Fudge Cake  
Seasonal Fresh Fruit



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## Free English & Maths Tuition

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feedback

1- Hour Weekly Classes at 4pm (Yr 4&5) and 5pm (Yr 6)  
Taking place in a community centre on the Brandon Estate



Scan the QR code to join or visit [www.tutorsunited.org](http://www.tutorsunited.org)  
or call 07768693626 to help with registration  
Select: Clarion x Southwark Council Brandon Estate



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## Community Skate Event

**Jamspeedrollers**

**Wednesdays**  
**6.30-8.30pm**  
**Community skate**

**Jessie Duffett**  
**Tenants Hall**  
**SE5 0UB**

**JAMSPEEDROLLERS**

**JAMSPEEDROLLERS**



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## Free Rugby Training

If any of your children are looking to take up a new sporting activity or have been inspired by the Rugby World Cup, there is free rugby training every Sunday at Burgess Park - 10.00am to 12.00pm

Flyer attached or more info at [www.southwarktigers.com](http://www.southwarktigers.com)



**RELEASE YOUR POTENTIAL**  
**JOIN SOUTHWARK RUGBY CLUB**

Training every Sunday September - April  
Boys & Girls 5 - 17  
No experience necessary

Join us 10.00 - 12.00 at our pitches  
in Burgess Park - SE5 0JB

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### Key information for week commencing 13 November 2023

#### Monday 13 November

**Anti-Bullying Week – Theme ‘Make a Noise’**

2.00-2.30 **Burgundy swimming**

3.30 **Book Fair**

#### Tuesday 14 November

10.00-10.30 **Scarlet Class swimming**

10.30-11.00 **Turquoise Class swimming**

3.30 **Book Fair**

#### Wednesday 15 November

3.30 **Last day of the Book Fair**

#### Thursday 16 November

#### Friday 17 November

2.00-2.30 **Vermilion swimming**

### Forthcoming Dates

**Road Safety week – Theme ‘Let’s Talk About Speed’**

w/c Monday 20 November

**Year R to Year 6 Flu Vaccinations**

Wednesday 22 November

**Year 5 School Journey to Kingswood**

Monday 18 to Friday 22 March 2024



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